

**Research article**

**Antimicrobial susceptibility pattern of sorbitol non-fermenting including shiga toxin producing *Escherichia coli* isolated from Black Bengal goat**

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**ABSTRACT**

Sorbitol non-fermenting (SN-F) shiga toxin producing *Escherichia coli* (STEC) is an important group of emerging zoonotic pathogen. Cattle are recognized as main natural reservoir of these organisms; however, small ruminants like goat, may represent an equally serious risk to harbor the pathogen for human infections as evidenced by recent reports. In this study, we performed antimicrobial sensitivity test on 32 SN-F isolates including 12 STEC collected from Black Bengal goats to determine their susceptibility patterns against 10 antimicrobials. Bauer-Kirby disk-diffusion method was used for the antimicrobial sensitivity test. Seventy-five percent (75%) isolates were sensitive to chloramphenicol and gentamicin, whereas 69% were sensitive to ciprofloxacin and doxycycline. Fifty-six percent were sensitive to ampicillin and amoxicillin. On the other hand, a high resistance profile was found against trimethoprim-sulfomethoxazole (53%) and oxytetracycline (47%). Fifty percent of the isolates containing shiga toxin-producing genes - *stx1* and/or *stx2* showed resistance to trimethoprim-sulfomethoxazole. Forty-three percent of the isolates having the *hlyA* gene were resistant to tetracycline, whereas 50% isolates harboring the *eae* gene to oxytetracycline.

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**INTRODUCTION**

Shiga toxin producing *Escherichia coli* (STEC) can be found in the gut of numerous animal species, but ruminants particularly, cattle are considered to be major reservoir of STEC that are highly virulent to humans (Caprioli et al., 2005). Other small ruminants like sheep, goats, and deer are known to harbor these bacteria (Bhat et al., 2008; Orden et

al., 2005; Sanchez et al., 2009), and occasionally other animals (Garcia and Fox, 2003; Schouten et al., 2005). Although, a number of transmission routes exist (La Ragione et al., 2009), contaminated foods, or water by fecal material from ruminants are the major source of transmission (Caprioli et al., 2005). More recently, cattle in Bangladesh are reported to harboring STEC with a prevalence of

9.1% (Islam *et al.*, 2008). In Bangladesh, the total goat population is about 34.5 million (FAO, 2011) and approximately 90% of them are of Black Bengal breed. More than 95% goats are being reared under the smallholding farming system in the rural areas. In rural areas, farmers especially women and children have more contact with goat than others. Sharing the same homesteads for living and rearing of goats in such close proximity of human contact favors a higher chance for STEC being transmitted to humans. Antibiotics are used for the treatment of most bacterial diseases of goat in Bangladesh. Uses of antibiotics with suboptimal dose and incomplete course may lead to the development of resistance in bacterial populations of both pathogenic and non-pathogenic ones. *E. coli* isolates from biological and environmental samples in Bangladesh were found to be at an intermediate state for conversion from sensitive to resistant against antibiotics (Zinnah *et al.*, 2008), and about 60% of SN-F STEC isolates from cattle in smallholdings in Bangladesh were reported to be resistant against  $\geq 2$  of commonly used antibiotics: ceftriaxone, nalidixic acid, ciprofloxacin, tetracycline, doxycycline and trimethoprim-sulfomethoxazole (Islam *et al.*, 2013). Acquired resistance in STEC to multiple drugs could be sources of antimicrobial resistant genes (Srinivasan *et al.*, 2007) that might be transferred to both commensals and pathogenic bacteria, resulting in treatment failures in humans. In this study, we tested antibiotic sensitivity of SN-F including STEC isolates from Black Bengal goats to assess the spectrum of antimicrobial resistance they have acquired.

## MATERIALS AND METHODS

### Source of the isolates tested

In this study, we used 32 SN-F *E. coli* isolates collected from a previously prevalence study on Black Bengal goats in Bangladesh (Gupta, 2013). Of these isolates 12 were STEC. The organism was isolated from recto-anal junction (RAJ) of Black Bengal goats selected randomly from three districts in Bangladesh namely Chittagong, Feni and Noakhali. Sampled animals were diverse in distributions of age, sex and health status.

### Antimicrobial sensitivity testing

The isolates were tested against ten selected antimicrobials: ceftriaxone, ciprofloxacin, tetracycline, ampicillin, doxycycline, sulfomethoxazole-

trimethoprim, gentamicin, chloramphenicol, amoxicillin and oxytetracycline. Bauer-Kirby disk-diffusion procedure (Bauer *et al.*, 1966) was used to perform the antimicrobial sensitivity testing. For that purpose Mueller-Hinton (MH) agar, prepared according to the manufacturer's instructions (Oxoid), was used. The antimicrobial micro-disks from Oxoid Ltd. Basingstoke, Hampshire, England were used and the result was interpreted according to Clinical and Laboratory Standards Institute (CLSI, 2007) (Table 1). The isolates were considered as "resistant (R)", "intermediately resistant (I)" and "sensitive (S)" according to their zone of inhibition and group of antibiotics used for the assays, based on the performance standards from the CLSI (CLSI, 2007).

## RESULTS

The numbers of isolates that were sensitive, intermediately resistant and resistant to the antimicrobials tested are shown in Figure 1. Seventy-five per cent SN-F *E. coli* isolates were sensitive to chloramphenicol and gentamicin. The percentage of isolates sensitive to ciprofloxacin and doxycycline was 69% and 56% were sensitive to ampicillin and amoxicillin. On the other hand, 53% were resistant against trimethoprim-sulfomethoxazole followed by oxytetracycline (47%). Thirty-seven per cent isolates were resistant against tetracycline. The frequencies of the isolates showing different zones of inhibition to the 10 different antimicrobials tested are illustrated in Figure 2. The antimicrobial susceptibility profiles of the isolates harboring the *stx1*, *stx2*, *hly* and *eae* genes are displayed in Table 2.

Three (50%) and 2 (33%) of the *stx1* gene-containing isolates were resistant to trimethoprim-sulfomethoxazole and ampicillin, respectively; 50% and 33% of the *stx2* gene-containing isolates were resistant to trimethoprim-sulfomethoxazole and oxytetracycline, respectively.

On the other hand, 43% *hly* gene-containing isolates were resistant to tetracycline, whereas 50% *eae* gene-containing isolates to oxytetracycline. Only 4 (12%) isolates showed susceptibility to all the 10 antimicrobials tested and 4 (12%) isolates were found to be susceptible against 9 antimicrobials. In total, 24 (75%) isolates were resistant against  $\geq 2$  antimicrobials.



**Table 1. The concentrations and interpretative standard zone diameters of different antimicrobials (CLSI, 2007) used for this study to interpret the results**

Group of antimicrobial agent	Antimicrobial agent	Disk content (µg)	Zone diameter, nearest whole mm			Origin
			R	I	S	
Penicillin	Ampicillin	10	≤ 13	14-16	≥ 17	Oxoid Ltd.
B-lactamase inhibitor	Amoxicillin-clavulanic acid	20/10	≤ 13	14-17	≥ 18	Basingstoke,
Cephems	Ceftriaxone	30	≤ 13	14-20	≥ 21	Hampshire,
Amino glycosides	Gentamicin	10	≤ 12	13-14	≥ 15	England
Tetracycline	Tetracycline	30	≤ 11	12-14	≥ 15	
	Doxycycline	30	≤ 10	11-13	≥ 14	
	Oxytetracycline	30	≤ 14	15-18	≥ 19	
Fluoroquinolones	Ciprofloxacin	5	≤ 15	16-20	≥ 21	
Folate pathway inhibitor	Trimethoprim-sulfomethoxazole	1.25/23.7	≤ 10	11-15	≥ 16	
Phenicoles	Chloramphenicol	30	≤ 12	13-17	≥ 18	

**Table 2. Frequencies of antimicrobial resistance in sorbitol non-fermenting shiga toxin producing *Escherichia coli* isolates of Black Bengal goat origin**

Antimicrobial	No. resistant isolates (%) containing virulent genes				
	<i>stx1</i> (n=6)	<i>stx2</i> (n=6)	<i>hly</i> (n=7)	<i>eae</i> (n=2)	Without virulent genes (n=11)
CRO	1 (17%)	0 (0%)	0 (0%)	0 (0%)	6 (54%)
CIP	0 (0%)	0 (0%)	1 (14%)	0 (0%)	5 (45%)
TET	0 (0%)	1 (17%)	3 (43%)	0 (0%)	8 (73%)
AMP	2 (33%)	2 (33%)	2 (28%)	0 (0%)	6 (54%)
DOC	1 (17%)	0 (0%)	1 (14%)	0 (0%)	4 (36%)
SXT	3 (50%)	3 (50%)	1 (14%)	1 (50%)	9 (82%)
GNT	1 (17%)	1 (17%)	0 (0%)	0 (0%)	4 (36%)
CHL	0 (0%)	0 (0%)	1 (14%)	0 (0%)	4 (36%)
AML	2 (33%)	1 (17%)	2 (28%)	0 (0%)	6 (54%)
OXT	1 (17%)	2 (33%)	2 (28%)	1 (50%)	9 (82%)

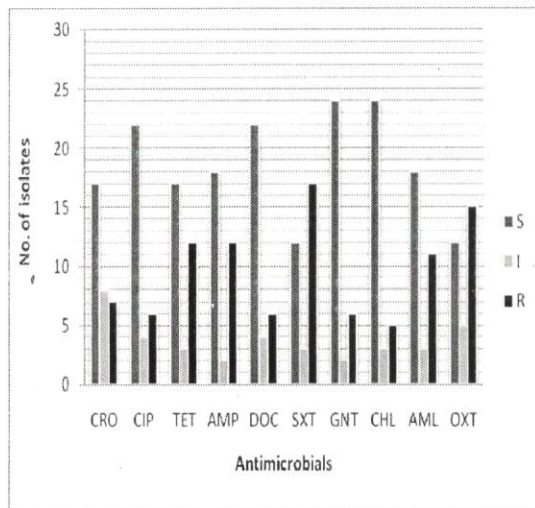
Here, CRO, Ceftriaxone; CIP, Ciprofloxacin; TET, Tetracycline; AMP, Ampicillin; DOC, Doxycycline; SXT, Sulfomethoxazole-Trimethoprim; GNT, Gentamicin; CHL, Chloramphenicol; AML, Amoxicillin; and OXT, Oxytetracycline.

## DISCUSSION

Although a previous study (Islam *et al.*, 2013) reported the antibiotic resistance profiles of STEC in cattle in smallholdings, there is no inland report on antimicrobial susceptibility patterns of SN-F including STEC of goat origin. The antimicrobial susceptibility patterns observed in the SN-F including STEC isolates from Black Bengal goats towards 10 antimicrobials summarized that the isolates were diverse in their antimicrobial resistance spectrum. Most isolates were sensitive to chloramphenicol and gentamicin, an agreement

with the susceptible pattern observed for SN-F STEC from cattle on smallholdings in Bangladesh (Islam *et al.*, 2013). A similar pattern of antimicrobial susceptibility in both studies might be related to the common geographic origin and similar nature of use of antibiotics for goats and cattle in the study area. A moderate resistance of the SN-F STEC isolates to ampicillin and amoxicillin is similar to that of a previous study (Nizza *et al.*, 2010). This finding justifies the treatment effectiveness of the aminopenicillin, such as ampicillin and amoxicillin against diseases attributable to several aerobic Gram-negative enteric bacilli, such as *E. coli* (Hackley *et al.*,

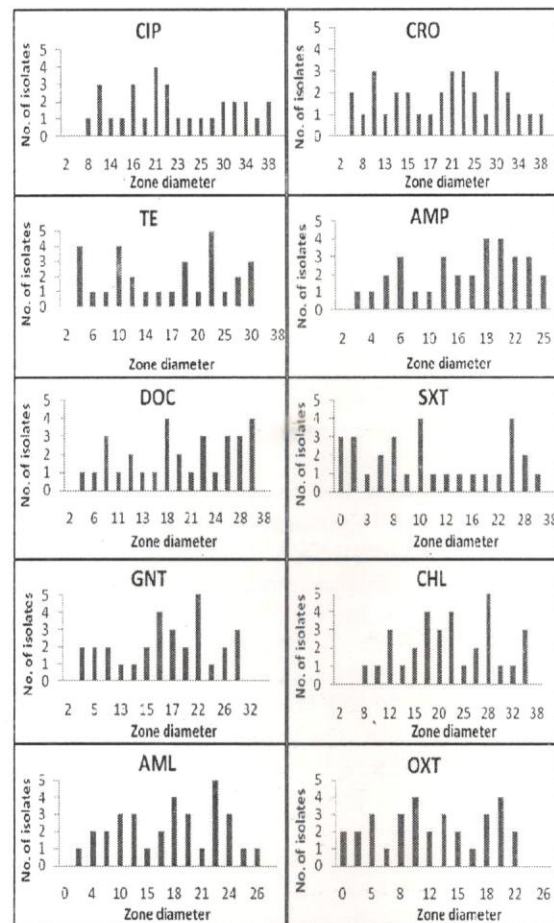
2007). A high rate of resistance was observed in the isolates to sulfamethoxazole and oxytetracycline, an agreement with some previous reports (Islam *et al.*, 2013; Galland *et al.*, 2001; Zhao *et al.*, 2001). This resistance pattern might be linked to wide use of sulfamethoxazole and oxytetracycline in treating enteric bacterial and parasitic infection of goats (Islam *et al.*, 2003). Furthermore, the resistance against tetracycline is corroborated with the observation of Nizza *et al.* (2010). A high resistance against tetracycline is not surprising because tetracycline has been commonly used in food animal production since its approval in 1948 as growth promoter in animal feed and antibiotic therapy (Walsh, 2003; McEwen and Fedorka-Cray, 2002).



**Figure 1.** Results of antimicrobial susceptibility testing of sorbitol non-fermenting *Escherichia coli* from Black Bengal goats; S, I, R = proportional representations of sensitive, intermediately-resistant and resistant isolates, respectively, against the antimicrobials tested; CRO, Ceftriaxone; CIP, Ciprofloxacin; TET, Tetracycline; AMP, Ampicillin; DOC, Doxycycline; SXT, Sulfomethoxazole-Trimethoprim; GNT, Gentamicin; CHL, Chloramphenicol; AML, Amoxicillin; and OXT, Oxytetracycline.

In this study, the observed antimicrobial susceptibility pattern of the isolates harboring virulent genes *stx1*, *stx2*, *hly* and *eae* is almost similar to the susceptibility pattern reported by Islam *et al.* (2013). The anticipation for this finding is that the isolates isolated from Black Bengal goats harboring the shiga toxin-producing genes might have been come from the isolates circulating in cattle population because cattle in Bangladesh have been identified with such isolates and they are the major source of STEC worldwide (Islam, 2012; Caprioli *et al.*, 2005). A

good number of SN-F including STEC isolates showed resistance against  $\geq 2$  drugs which is higher than the resistance pattern in bovine isolates (Islam *et al.*, 2013) from the same geographical area. This kind of multidrug resistance could be an outcome of more frequent and inappropriate use of antibiotics.



**Figure 2.** Frequency distributions based on zones of inhibition to 10 antimicrobials tested

Antimicrobial resistant SN-F *E. coli* including STEC can gain entrance to human food chain and drinking water to infect humans, and the antimicrobial resistant genes might be transferred to the other closely related human bacterial pathogens. Therefore, careful selection of appropriate antibiotics with optimal doses might have an impact on reducing the rate of emerging multidrug resistance in SN-F STEC.

## CONCLUSION

The antimicrobial resistance profiles of the SN-F *E. coli* being harbored in Black Bengal goats varied



substantially. Therefore, Black Bengal goat could be an important source of infection of it particularly STEC to humans in rural environment of Bangladesh.

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